



Flow of spectators during the official presentation of the BIMBACHE EXTREM CASTILLA Y LEÓN 2009

The official presentation for journalists and public of the Bimbache Extrem Castilla y León 2009 took place on November 14th, at 6.30 p.m., in the headquarters of “Naturiva”, the most important Spanish trade fair for rural tourism, skiing and mountain sports.

The meeting was presided by Mrs. Rosa Urbón, who holds the post of General Director for Tourism in the government of the Autonomous Region of Castilla y León. Mrs. Urbón and the Technical Director of the competition Mr. Antonio de la Rosa offered comprehensive explanations about important aspects of the next Bimbache Extrem Castilla y León.

A great number of mass media attended the meeting in order to get a first-hand knowledge of the novelties of this seventh issue of the Bimbache Extrem.



The General Manager for Tourism began the presentation by confirming that a competition like this one is very important for Castilla y León since it provides an international demonstration for tourist promotion of the adventurer possibilities of both provinces, with wild unknown places whose extraordinary beauty will undoubtedly cause the amazement of competitors, spectators and visitors.

After that a video was projected with images of the previous edition of the Bimbache Extrem Castilla y León bringing out the characteristic features of this multiform competition: wild

PATROCINAN:



EQUIPACIÓN OFICIAL:



ALOJAMIENTO OFICIAL:



KAYAK PICO AZUL OFICIAL:



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nature, adventure, teamwork, overcoming of difficulties, men and women equality, respect for the environment and dynamic tourism.

Following this projection the competition's Technical Director **Antonio de la Rosa** gave thanks to the **Government of Castilla y León** for having trusted in the project and explained some technical aspects of the event.

The Bimbache Extrem Castilla y León will start from the village of Vegacervera, in the province of León, 45 kilometres away from this province's capital city, on the **18th of May** at 9.00 a.m. The finishing line will be placed at Aguilar de Campoo, a place traditionally well known due to its old production of biscuits, in the province of Palencia, on the **21st and the 22nd of May**.



The closing ceremony will take place in the afternoon of Friday 22nd of May, also in Aguilar de Campoo.

As far as landscape is concerned this edition will be quite beautiful with plenty of mountain sceneries and the teams will have the opportunity of enjoying the traditional hospitality of the tiny villages placed over there.

The teams that succeed in getting to the finishing line will have to race throughout at least 443 kilometres, in the best of cases and with no orientation mistakes. The mountains of Picos de Europa, Sierra de Manpodre and Palencia shall be watching the competitors pass through on their path to the finish.

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BIMBACHE EXTREM

ESPAÑA 16-23 Mayo 2009

CASTILLA Y LEÓN ES VIDA
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As a novelty and for the first time in the Bimbache Extrem there will be an amusing and exciting rafting descent in torrencial waters, as well as the habitual disciplines like trekking, mountain bike, roller skating, canoeing, speleology, rappel, tyroline and canyoneering.

This year we would like making clear to the world that the Bimbache Extrem is running through the wildest provinces of Castilla and León, and for this reason we are making a big press release in many countries such Brasil, Portugal, Colombia, Francia, etc...

During the 2009 event a significant number of journalists, substantially major than in previous editions, will attend the competition, and one of our goals is that the teams progression shall be watched through the Internet, so that everybody in the world will be able to follow every and each detail of the race.

At the end of the official presentation those present received a press dossier of the Bimbache Extrem Castilla y León as

well as some gifts of Trangoworld and the official 2009 edition Buff.

Warmest greetings from all the staff of Meridiano Raid.



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